



Carew Peel Forest and Woodbury Schools' Cross Country
Friday 25th May (p/p Monday 28th May)

12.30pm Start

Cross country time has come around again and Carew Peel Forest School is the hosting school for this year's cross country event with Woodbury School. In order to run this event smoothly and safely we would appreciate the assistance of several parents /caregivers. Please read the list of "jobs" at the end of this notice and let us know you are able to help out.

Please note the cross country is a part of our school curriculum and as the students have been training hard for it, we expect full attendance and participation unless excused for injury or illness as notified by parents.

Venue: The event will be held on Mt Peel Station, in a superb setting overlooking the Rangitata river. We thank Johnny and Rose Acland for making Mt Peel Station available to us, and Anna and Hamish Neal for helping with the course layout and much of the equipment.

The venue will be in the same area as the 2016 event. Head to Peel Forest and stay on the Rangitata Gorge Road. The venue is just over 10 kms past the Peel Forest village café, or 2.5 km further on from the Mt Peel Church road turn off. You can't miss it!

Parking: There will be signs indicating to turn right into a paddock where parking will be available. Please park in the designated area only.

Course: The courses will be colour coded and the terrain will be undulating through paddocks on the terraced rolling countryside. The Y4-6 races may involve one or two small creek crossings where runners are likely to get wet feet.

Clothing: Please ensure your children have warm clothing (jackets and trackies) for before and after racing and consider bringing a change of shoes and socks.

Drinks / snacks: You will need to ensure your child has ample for drinking water for before and after running, and you may wish to bring snacks for nourishment!

Food and Refreshments:

Carew Peel Forest Home & School will be selling sausages in bread at \$2.00 each from the start of the event. We hope to have a local coffee van in attendance. And of course on your way home if you are still peckish or fancy an ice cream you could stop and support Kelly and Mike's local café in the Peel Forest village.

Transport: The children will have classes as normal in the morning and will finish early for lunch before we transport them in our school buses to the venue. Parents can meet up with us at the event.

Please note that transport home from the cross country will be each family's responsibility. If you have any difficulty with this please contact the school using the slip to follow so we can help with arrangements. **We do not want any children missing the event because they do not have transport home!**

T Shirts / Name tags: The children will wear their red CPF t-shirt and shorts. At the course prior to assembling, our staff will issue a sticky peel-off name-tag to each child that has their name and year group written on.

Start And Course Procedures: Prior to running the children will assemble at the marshalling area and sit behind the sign indicating their year group and gender. At the finish line the children will be directed down a chute where the labels of the first ten runners in each race will be removed in their finishing order and recorded.

Course distances (approximate) and order of races:

Year 1 350m	Race 1 (Yr 1 boys)	Race 2 (Yr 1 girls)
Year 2 500m	Race 3 (Yr 2 boys)	Race 4 (Yr 2 girls)
Year 3 750m	Race 5 (Yr 3 boys)	Race 6 (Yr 3 girls)
Year 4 1000m	Race 7 (Yr 4 boys)	Race 8 (Yr 4 girls)
Year 5 1500m	Race 9 (Yr 5 boys)	Race 10 (Yr 5 girls)
Year 6 1500m	Race 11 (Yr 6 boys)	Race 12 (Yr 6 girls)

Starting time 12.30pm first race. We would like all children to assemble at 12.15pm.

We expect the event to finish around 2pm.

Certificates: Certificates will be awarded for 1st, 2nd, and 3rd in each year group (for Girls and for Boys) soon after their race. Results will be published in the Geraldine News. 4th to 10th placegetters in each event will be recorded and the results sent to schools. Participation certificates will be given to all children the next day.

Toilets: Two port-a-loo toilets will be available on site.

First Aid: First aid support will be available.

Occupational Health & Safety: As the cross country will be held on private property, could you please ensure that, as parents/caregivers, you have read and follow the OSH statement below:

Occupational Health & Safety:

Please be aware that this is a commercial farm and has hazards typical of farms including culverts, vehicles, overhanging branches, water races and rocky outcrops.

Please do not climb fences or gates and ensure your children do not wander unsupervised.

Please do not disturb the natural environment.

Do not bring dogs or other pets onto the property.

Please note that you enter the property entirely at your own risk.

The owners accept no responsibility for any accidents to visitors.

After your child has raced we would appreciate it if you could stay and support our other competitors.

Thank you – please call if you are unsure about anything.
Kay, Jayne, Lesley Pip and Susanne

Cross country 2018 Return slip Family Name _____

Children will be given a hard copy of this return slip for you to complete and send back to school.
(Parents – the complete notice has been emailed today)

Parent help required:

As we are hosting this event we require helpful parents who can assist us:

- in setting up the course routes (possibly on the Thursday afternoon before)
- as a course marshal on the day
- by collecting the portaloos from Ashburton on Thursday afternoon, delivering to the site and returning them after the event

Please indicate by ticking above if you can help. These events cannot run smoothly without your support and help. It is very much appreciated!

Geraldine District Schools Cross Country

Friday 25th May (P/P Monday 28th May)

Intentions for transport home after the event

I am attending the event and will be taking my child/ren home from Mt Peel

I am unable to attend and my child/ren require transport home

signed _____ parent/caregiver