



Sun Protection: Policy / Procedures

Carew Peel Forest School recognises the importance of protecting students, staff and visitors from the effects of UV Radiation, especially during Terms 1 and 4 between the hours of 10am and 4pm.

As part of general sun protection, Carew Peel Forest School will:

- Provide SPF 30+ broad spectrum sunscreen for the students and staff to use.
- Require students to wear a school uniform wide brimmed hat (minimum 6cm brim) which provides protection for the face neck and ears when they are involved in outdoor activities during Terms 1 and 4. From the beginning of September UV radiation levels are increasing, therefore, sun protection should be used when students are outdoors eg Pet Day, Athletic Sports etc. (During winter months, Terms 2 and 3 sun protection is unnecessary. Sun exposure during Term 2 and 3 is important for the absorption of Vitamin D and the development of healthy bones, muscles and teeth. Sun protection is necessary when at altitude, e.g on a skiing trip.
- Expect students to wear their Carew Peel Forest uniform polo top which has sleeves and a collar to protect the skin from the sun, and at other times e.g. school camps, EOTC events, expect clothing that ensures student's shoulders, backs and midribs are covered. (Rash vests will be encouraged for swimming.)
- Encourage students to play in the shade wherever possible.
- Students who do not have a hat or suitable clothing as above will be limited to playing in a designated shade area in Terms 1 and 4.
- Incorporate SunSmart activities and lessons at all levels through everyday practice and classroom activities e.g. SunSmart Schools website and resources.
- Regularly reinforce the sun protection procedure in a positive way through our newsletter, parent meeting and student and teacher activities. Circulate the Sun Procedure plan to staff at the beginning of Terms 1 and 4.
- Encourage staff to act as role models by wearing appropriate hats and clothing for all outdoor activities, using SPF 30+ broad spectrum sunscreen and seeking shade wherever possible.
- When completing Risk Analysis and Management System forms for Education Outside the Classroom programmes and activities, staff will ensure that a sun exposure assessment is conducted and planned for.
- Wherever possible plan for outdoor activities and sports events to be scheduled early in the morning or in areas with plenty of shade.

At the time of a new enrolment, Carew Peel Forest School will:

- Inform parents and caregivers of the sun protection procedure (available on the school website).
- Provide the child with a correct school uniform hat (donated by the CPF Home and School Association).

The Board will:

- Ensure shade creation has a priority for its property planning.
- Ensure on going assessment of SunSmart behaviour, shade provision, and curriculum emphasis.
- Review the sun protection policy/ procedure with staff and parents at least every 3 years.

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